



Sleep and Relaxation

After stressful days falling asleep can be a challenge. Sometimes we lack the ability to calm down and get into a relaxed mind.

Enjoying a drink prepared with **SUNLIFE® Just Snooze** before bedtime may support you with that. Melatonin is a naturally occurring sleep hormone and contributes to the reduction of time taken to fall asleep.

Sour cherry, valerian, lemon balm and passion flower are used in traditional medicine for centuries to support sleep and relaxation.

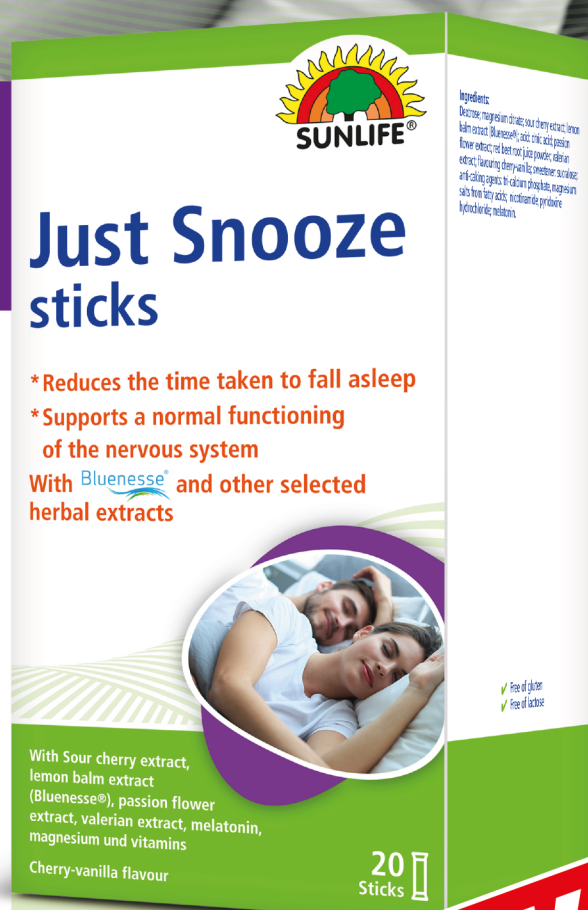
Niacin and magnesium contribute to a normal functioning of the nervous system and a normal psychological function. Vitamin B6 supports the regulation of hormonal activity.

Composition per daily dosage (1 stick)

- 500 mg Cherry tart extract (**)
- 300 mg Lemon balm extract (Bluenesse®) (**)
- 150 mg Passion flower extract (**)
- 50 mg Valerian extract (**)
- 1 mg Melatonin (**)
- 150 mg Magnesium (40% NRV)
- 8 mg Niacin (50% NRV*)
- 1,4 mg Vitamin B6 (100% NRV*)

* NRV – nutrient reference values

** no NRV available



NEW

- ✓ Free of gluten
- ✓ Free of lactose

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